



The Red
Chair

With the participation of Jesuit Schools in

England, Ireland, Italy, Malta

Inter-School Red Chair Dialogue

A follow-up Red Chair Examen Adapted from Georgetown Prep's Campus Ministry Office.

Today's Examen is specifically aimed at reflecting on the great gift of an education. We begin our Examen in the name of the Father, and the Son, and the Holy Spirit. AMEN

I invite you to close your eyes and place yourself in prayerful silence remembering that you are in the presence of God. *(Pause for 10 seconds)*

Let us be thankful. Think of two or three things that you appreciate about your school. What does your education mean to you? Reflect upon your experience and then thank God for these gifts. *(Pause for 30 seconds)*

Now take a moment to consider the experience of a person who does not have access to an education. Call to mind the image of a child kept out of school by poverty, or conflict, or displacement, or because of the Pandemic. *(Pause for 10 seconds)*

Speak to God about God's desires for that child. Ask God: • How do you feel about this child, God? • What do you want for this child, God? • What would an education mean for this child? *(Pause for 30 seconds)*

Becoming aware of God's desires for this child, ask God for guidance. God, how can I use what I have learned and my own reflections on behalf of this child? *(Pause for 30 seconds)*

Think back to the most meaningful area of your prayer today. Think of one constructive thing you can do to be more sensitive to the world's needs. Ask God for the assistance you need to be a man or woman of compassion. Commit to doing this one thing. *(Pause for 30 seconds)*

As we end our prayer, ask for God's grace and love for the rest of this day and week. Saint Ignatius of Loyola, pray for us.
In the Name of the Father, and the Son, and the Holy Spirit. AMEN